# **Biblical Spirituality**

- 1. Regeneration
- The Holy Spirit is preeminently involved –
  Work of the Spirit as we intentionally yield
  and surrender to Him.
- 3. Time is an important factor.

- Not produced by religiosity, ritualism, traditionalism, and legalism.
- 5. Synonymous terms: "Godliness" and "Fear of God."
- 6. Spiritual "growth" and "maturity" hold the key to the concept of biblical spirituality.

- 7. A new Christian cannot be called spiritual.
- 8. A Christian of longer standing may not be spiritual.
- The state of infancy is the mark of a carnal Christian.
- 10. The state of infancy need not and should not last long.

- 11. There are stages of growth within the area of Growth/Maturity
- 12. You will not automatically become spiritually mature.
- 13. Intentional spiritual discipline and progression.
- 14. More easily characterized than defined.

#### I. Personal Life:

- Filled with the Spirit (Eph.5:15-21).
- Fruit of the Spirit (Gal.5:22-23).
- "Christ lives in me" (Gal.2:20) Christlikeness.
- Follow in His footsteps (1 Pet.2:21) and to "Walk as He walked" (1 Jn.2:6).
- ■In his knowledge (Heb. 5:10-14).

#### II. Family Life:

- Husband-Wife Relationship (Eph.5:22-33).
- Home, Parental Responsibilities (Eph.6:1-4; see Ps.128).

#### III. Church Life:

- Unity: A factious and divisive spirit is evidence of carnality (1 Cor.3:1-4).
- ■Those who remain "Babes in Christ" weaken an assembly and betrays its testimony (1 Cor.3:1-4).

- Through the proper understanding and exercise of spiritual gifts, spiritual Christians will edify the body of Christ (1 Cor.12-14;14:26,40).
- Immature Christians promote division and weaken the assembly. Spiritual/mature Christians bring edification, blessing and unity using their gifts. They promote the overall health and welfare of the church (1 Cor.12:25. See the emphasis on building up the body/ edification in 1 Cor. 14).

# Summary

Biblical spirituality is genuine and wholesome spiritual maturity. It is a mature and maturing state of life produced in us by the Holy Spirit, in the process of progressive sanctification, which will be demonstrated in one's personal life, family life and church life. This is very different from what Christians normally interpret as "Spirituality."